



Sharing Ministries Food for Thought

PROVIDING NUTRITIONAL FOOD TO
THOSE IN NEED WHILE FACILITATING
EDUCATION AND CONNECTION TO
OTHER COMMUNITY RESOURCES

Our first newsletter - Volume 1, March 2012

CELEBRATING PEOPLE IN ACTION INSPIRE BY EXAMPLE!

National Volunteer Week *April 15-21, 2012*

In this 1st edition, and in our future newsletters, we would like to recognize the volunteers that make a difference in our community and at Sharing Ministries Food Bank. These are people who have a passion for helping others and volunteer many hours every year.

MEET JEN & BOB DAWSON!



Bob & Jen are long time friends of Sharing Ministries Food Bank. The couple has been volunteering at the food bank for over 3 years. Both started working in our warehouse doing many different jobs and became fast friends with everyone. For the last couple of years, you may have seen Jen & Bob picking up donated food from the area grocery stores on Saturday mornings. The pair also takes long trips for the Ministry to pick up fresh produce from Monte Vista and Salida area produce growers.

Even though they have busy lives, this couple has a passion for helping others. They realize that many people in our community are in need and are more than happy to volunteer year round.

These passionate people inspire others by their example and we are proud to have them in our family.
Thank You Jen & Bob!

MEET OUR VOLUNTEERS

Sharing Ministries has 150 registered volunteers. Not all work at once or even on a daily basis. However, on an average day, if you stop by the warehouse, you will find a beehive of activity with an average of 50 or more dedicated individuals working to meet the needs of our community. You will see young children marking bar codes, teenagers stocking food, middle age people driving our routes, and elderly working in distribution.



Thank You to all of our Volunteers for making such a difference in 2011!

A QUICK LOOK BACK TO 2011 SHARING MINISTRIES FOOD BANK

Individuals Served	40,829
Equivalent Meals	367,461
LBs. of Food Donated	525,562
LBs. of Food Distributed	658,507

We are making a difference on the Western Slope.

COLORADO FACTS DID YOU KNOW?

- 1 in 6 Homes are Struggling to Find Food**
- 11.2% of People Live in Poverty**
- 17.2% of Children Live in Poverty**
- 8.5% of Seniors Live in Poverty**
- 49% Choose Between Food & Utilities**
- 44% Choose Between Food & Paying Mortgage**
- 36% Choose Between Food & Medicine**

Food For Thought!

You can make more friends in two months by becoming interested in other people than you can in two years by trying to get other people interested in you.

Dale Carnegie

 **MEET A MEMBER OF OUR BOARD** 

Patricia Chaloupka is the newest member of the Board of Directors for Sharing Ministries, having been on board for only two months. She moved to our community eight years ago and works as Medical Records Director at Montrose Memorial Hospital. A Greeley native, Patricia has a degree in Health Information Management from Regis University in Denver. She came to Montrose from Aspen where she worked in medical records for 27 years.

In Aspen, she also worked for eleven years as the secretary for a nonprofit. Patricia felt a calling to share her knowledge and talents in service to a nonprofit organization in her new home. She became involved with Sharing Ministries because she believes in the mission of the organization to provide nutritional food for its customers. She believes many of our friends and neighbors don't realize there are people in our community who go hungry, and that Sharing Ministries is here to assist those individuals and families.

Patricia would love to see Sharing Ministries eliminate hunger in Montrose. She knows that is a huge goal. But along with the other board members, the staff, and the volunteers of Sharing Ministries, she will to continue to work toward that goal.

*Patricia, thank you for your service to
Sharing Ministries!*

**RECIPE OF THE MONTH
SPRING BRINGS ASPARAGUS. TRY THIS IDEA.**

Asparagus Roll-Ups

- 16 fresh asparagus spears
- 16 slices of bread, crusts removed
- 1 (8 oz.) pkg. cream cheese, softened
- 8 bacon strips, cooked & crumbled
- 2 T. minced chives
- ¼ C. butter
- 3 T. Parmesan Cheese, grated

1. Cook spears until crisp & tender, about 6-8 minutes. Drain & set aside.
2. Flatten bread with rolling pin. Combine the cream cheese, bacon & chives; spread 1 T. on each slice of bread. Top with an asparagus spear. Roll up tightly; place seam side down on a greased baking sheet. Brush with butter and sprinkle with Parmesan cheese. Cut roll-ups in half. Bake at 400 degrees for 10-12 minutes or until lightly browned.



**Partner of the Month
MADA**

In our first newsletter we would like to recognize MADA. Sharing Ministries and MADA (Mexican American Development Association) have partnered for the past 10 years to feed the hungry of our area. Beth Reidler, the director of MADA, says "We really appreciate Sharing Ministries for helping us pick up our commodities in Grand Junction once a month. We are also thankful for the food they provide for our guests each week." In 2011, Sharing Ministries provided 17,500 lbs. of food to MADA free of charge. Besides serving some of the same customers, many wonderful people volunteer with both organizations. Sharing Ministries would like to recognize and honor MADA for the wonderful service they provide Montrose area residents.

Thank you MADA for all you do!!



**THANK YOU TO ALL OF THE BUSINESSES, ORG.'S, CHURCHES,
INDIVIDUALS AND FAMILIES IN OUR COMMUNITY THAT
CONTRIBUTE! WITHOUT YOU WE WOULD NOT HAVE BEEN
ABLE TO CONTINUE HELPING THE LESS FORTUNATE FOR THE
LAST 16 YEARS!**

A FEW OF OUR DONORS:

- DANIELS FUND
- ANSCHUTZ FAMILY FOUNDATION
- EL POMAR
- COORS FOUNDATION
- KROGER FOUNDATION
- MONTROSE COMMUNITY FOUNDATION
- FEMA
- MATTICS ORCHARDS
- JOHN HAROLD
- WAL-MART
- TARGET
- CITY MARKET – NORTH & SOUTH
- HIGHLAND HEALTH
- NATURAL GROCERS
- SAFeway– MONTROSE & DELTA
- JC PENNEY'S –MONTROSE
- MURDOCKS
- FARM TO TABLE
- POTATO GROWERS
- DIVISION OF WILDLIFE
- MONTROSE FORD NISSAN
- NORWOOD BAPTIST
- ST.MARY'S CATHOLIC CHURCH
- HILLCREST CHURCH
- ZION LUTHERAN
- VALLEY BAPTIST
- GRACE COMMUNITY CHURCH
- KIWANIS CLUB
- LIONS CLUB
- VFW
- ELKS CLUB
- BANK OF THE WEST
- GOLDLEAF DIRECTORIES
- KRYD RADIO
- COOLING'S HEATING & AIR
- WESTERN FARM & AG COUNCIL
- LOONEY BEAN
- STARBUCKS
- BAKED IN TELLURIDE
- VISTA CHARTER SCHOOL
- MONTROSE HIGH SCHOOL
- ASPEN GLOW
- VECTRA BANK
- ALPINE BANK
- GREAT HARVEST

How you can help feed a hungry family!

Each month Sharing Ministries Food Bank purchases food from Food Bank of the Rockies. The food we purchase is a fraction of the cost of what can be purchased at a local store. See what your financial donation to Sharing Ministries can purchase verses buying at the local stores:



This is what your \$5 donation will buy at the store.



This is what Sharing Ministries can buy with your \$5 donation.

CHECK US OUT:

WWW.SHARINGMINISTRIES.COM

FACE BOOK

COME SEE US:

121 N. RIO GRANDE AVE.
MONTROSE, CO 81401

DONATE:

PAY PAL ON-LINE

CHECK

CASH

CALL US:

(970) 240-8385

HOURS:

MON-FRI 9:30 – 12:30

Would you like to help?

Yes, you can count on me to help stock the shelves of **Sharing Ministries Food Bank** so that individuals, children and their families can continue to have nutritious meals.

Here is my Gift of:

- Other _____
- \$100
- \$50
- \$25
- \$10
- \$5

Name: _____

Address: _____

City: _____

State _____ Zip _____

**Please clip and mail to:
Sharing Ministries, Inc.
121 N. Rio Grande
Montrose, CO 81401**

